

An Examination of the UK's Counselling Industry

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Book Press Release:

Courtney James whentherapygoeswrong@gmail.com FOR IMMEDIATE RELEASE

How the absence of regulation is putting both clients and counsellors in harm's way.

London, UK. 1st **December 2020**. When Therapy Goes Wrong takes a unique look at the counselling and psychotherapy industry in the UK and examines first-hand the impact that unregulated and unqualified therapists can have on clients.

Written by a counselling client, this book provides highly personal accounts of when therapy went wrong and the devastating consequences this can have for individuals. Also encompassing a review of the industry as a whole, and how the UK is unique in its complete absence of regulation or statutory requirements for therapists

The book is currently available to purchase from <u>Amazon</u>, Barnes and Noble, and Gardner. Waterstones stock is on the way.

This is Courtney James' first published book. They live in the South East of England and are experienced within both the mental health field and education, holding fellowships of both the Higher Education Authority and the Mental Health Collective.

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When Therapy Goes Wrong

E. whentherapygoeswrong@gmail.com W. https://twitter.com/therapygoes

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