

Ace8 Media Report on Ways to Boost Office Productivity at Christmas

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It's the most wonderful time of the year, and the holiday spirit is upon us. So why not bring the Christmas cheer in the office and boost productivity reveals Ace8 Media.

Ace8 Media reveals that several studies found music has a positive effect on our productivity for many reasons. The world famous 'Mozart effect' claimed that listening to Mozart's music for 10 minutes can make people more intelligent. Ace8 Media believe that similarly, music boosts our mood, increases motivation and it can help us offset the behavioural fatigue that lowers our morale and makes us easily distracted. That is why, Ace8 Media comment, having some festive music on around the office can have a beneficial effect on workers.

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Ace8 Media believe that decorations around the office such as a tree and Christmas lights will create the festive atmosphere, bringing out a positive working environment among workers. Studies show that holiday decorating and holiday cheer puts people in a better mood too, reveals Ace8 Media. Decorations promote a warmth and cosy feeling in the office which encourage unity and togetherness among workers.

Secret Santa gift exchanges encourage employees to get to know one another, and everyone gets a little present, which is always nice. However the excitement and festive good feeling the task brings will leave a positive impact across the office report Ace8 Media. Ace8 Media believe the best time to do Secret Santa is the week before Christmas as it will offer something positive to look forward to on the lead up.

Ace8 Media reveal that having some Christmas treats such as sweets or cookies on display and available for customers will give a positive impression of the business along with boosting the <u>feel good</u> factor around the office.

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