

A Son's Loss, A Cop's Legacy, and a Life Rebuilt: Bob Brodnik's Memoir *All You Can Handle* Pulls No Punches

Thursday 6 February, 2025

[San Francisco, CA; February 6, 2025] – *All You Can Handle*, the gripping new memoir by former San Francisco police officer Bob Brodnik, is now available on Amazon in paperback, hardcover, and ebook. This powerful book delivers an unflinching look at life after devastating loss, the hard truths of law enforcement, and one man's battle to find meaning in the face of unimaginable grief.

On May 1, 1969, Bob's world was shattered. His father, Joe Brodnik—a dedicated San Francisco police officer and his personal hero—was killed in the line of duty. Left to navigate a turbulent city and an even more turbulent personal journey, Bob found himself spiraling into addiction and anger, struggling to make sense of a world that had taken so much from him. But rather than surrendering to darkness, he followed in his father's footsteps, carving out a 32-year career as a cop, facing the city's underbelly head-on, and learning what it truly means to serve and protect.

Why This Story Demands to Be Read:

- **A Heart-Wrenching Personal Story:** A deeply moving tribute to a father lost and a son's journey to redemption.
- **Behind the Badge:** A raw, honest look at the toll and triumphs of life in law enforcement.
- **Overcoming the Darkness:** An inspiring story of battling addiction, rebuilding after grief, and finding a purpose greater than oneself.
- **A Call to Reflect:** A thought-provoking examination of justice, sacrifice, and what it truly takes to wear the badge.

For anyone who has ever faced profound loss, wrestled with personal demons, or wondered about the realities of policing, *All You Can Handle* is an unforgettable and deeply human story of resilience, duty, and hope.

Media Inquiries:

Jon Malysiak
StoryTerrace
133 Whitechapel High Street
London E1 7QA
Mobile: +44 7850656183
jon.malysiak@gmail.com

[Amazon link](#)

Media:

Related
Sectors:

Men's Interest ::

Related
Keywords:

Police :: Redemption :: Loss ::
San Francisco Police Department
:: Fathers And Sons :: Grief ::
Personal Healing :: Healing ::
Tragedy :: Bereavement :: Men's
Grief ::

Scan Me:



Company Contact:

StoryTerrace

T. +44 7850656183

E. jon.malysiak@storyterrace.com

W. <https://storyterrace.com/>

View Online

Additional Assets:

<https://shorturl.at/KCVnd>

Newsroom: Visit our Newsroom for all the latest stories:

<https://www.storyterrace.pressat.co.uk>