5 Star Clinic Provides a Range of Therapeutic Services in Lancashire for Treating Back Pain, Joint Stiffness, & Sports Injuries

Tuesday 21 September, 2021

Preston, Lancashire – 21st Sep 2021: Physical injuries and mental health issues have the power to inflict crippling pain and set careers aback. For instance, back pain alone affects about one in six individuals in England.

While full recovery may require weeks and months, people have taken to complementary and alternative modes of treatment to accelerate the process and reduce downtime. This is where quality providers such as 5 Star Clinic come in.

Discussing their services, a clinic employee said, *"We provide therapy and rehabilitation for several physical injuries and conditions, such as back pain, stiff joints, neck pain, sprains, and strains to name a few. Our services include regular physiotherapy sessions, hypnotherapy, massages, and traditional and western acupuncture for people from all walks of life."*

Ever since the centre opened its doors to Lancashire residents, it's garnered consistently positive reviews and several recommendations. A spokesperson had this to say about their public image: *"Pain treatment centres have to be really good at what they promise to earn a positive image. That's why we ranked among the top three best-rated physiotherapists in Preston in 2019 and have continued in much the same tune since then."*

The centre swears by a simple three-step process for all patients, starting with an assessment and identification of the issue, followed by an exchange on the best solutions, and ending with the execution of the agreed-upon treatment plan.

So far, the centre has had a great deal of success in reducing the pain caused by chronic migraines and speeding recovery for plantar fascia, tennis elbow, sciatica, neck pain, back pain, and ankle sprains.

A full catalogue of therapies along with rates per session is available on the website given below.

About 5 Star Clinic Limited

5 Star Clinic Limited is one of the top pain treatment centres in Preston, Lancashire. The clinic aims to alleviate pain and promote better physical and mental health for people of all ages through physiotherapy, massage treatments, hypnosis, and traditional Chinese and western acupuncture treatments. It also offers medico-legal referrals for slip, work-related, and RTA injuries.

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