5 Star Clinic Helps Elderly Patients Avoid Age-Related Health Complications by Effective Physiotherapy

Wednesday 12 January, 2022

Preston, UK — 12-Jan-2022: According to the National Institute of Healthcare and Excellence guidelines, physiotherapy can help elderly people achieve an increased life expectancy. Physiotherapy is proven to be beneficial for senior citizens who have chronic pain and other associated conditions, such as fibromyalgia. Many people resort to pain killers and drugs to combat this pain. While these solutions may provide temporary relief, they are harmful in the long run.

A contemporary healthcare services provider in Preston, 5 Star Clinic is quickly growing in popularity. Their pain management and physiotherapy services are in great demand. Among the many health services offered by 5 Star, the most popular are physiotherapy, massage therapy, sports medicine, spinal adjustment, women's health services, alternative therapy, acupuncture, hypnotherapy, pain management, and Chinese medicine.

"Rather than focusing on what they need from us in terms of physiotheraphy, we focus on the client's overall demands. We ensure that our team provides services to satisfy your needs and eliminate your back aches, joint aches, spinal cord allignment and much more"

5 Star Clinic offers acupuncture treatment for osteoarthritis, sciatica, headache, TMJ, ankle, wrist, upper back, lower back, hip, knee, elbow, heel, neck, and shoulder pain. They use a mixture of Western acupuncture and traditional Chinese medicine, which modulates the Autonomic Nervous System in the body, relieving pain. On the other hand, TCM treats pain by balancing the positive and negative energy.

While talking about their services, a clinic employee said*, "We offer therapy and rehabilitation for old age problems like backache, joint pain, and neck discomfort. Physiotherapy, hypnosis, and traditional and western acupuncture are among the services we offer to people from all walks of life."*

The company has received consistently great feedback and multiple referrals since it first opened its doors to Lancashire residents. A spokesperson had this to say about their public image, *"To establish a positive reputation, pain treatment institutions must be exceptionally good at what they claim. That's why, in 2019, we were recognized among the top three best-rated physiotherapists in Preston, and we've kept up the good work since then."*

At 5 Star Clinic, the standard procedure usually begins with an assessment and identification of the problem. Next, the staff discusses solutions and approaches with their patients. Only once the patients agree with what is being proposed does the staff proceed with the treatment. As a healthcare institution dedicated to promoting health and wellbeing among its local clientele, 5 Star constantly strives to perform and deliver in line with its core values and vision.

About 5 Star Clinic Limited

5 Star Clinic is an alternative and contemporary healthcare services provider based in Preston, Lancashire. The founders began their healthcare journey ten years ago with extensive qualifications in several relevant fields.

Contact Information

Web: https://www.5starclinicltd.com/

Phone: 01772 437374

Mobile: 07380 242622, 07537 824848

Contact: https://www.5starclinicltd.com/contact-us/

Media:

Related Sectors:

Health ::

Related Keywords:

Physio Services Near Preston :: Physiotherapy Session :: Physiotherapist Preston :: Physiotherapy Clinic Lancashire :: Physiotherapy Services Preston ::

Scan Me:

Company Contact:

5 Star Clinic Ltd

E. fivestarclinic@yandex.com
W. https://www.5starclinicltd.com

View Online

Additional Assets:

Newsroom: Visit our Newsroom for all the latest stories:
https://www.5starclinicltd.pressat.co.uk