LONDON STROKE CHOIR Recovering from Stroke is not easy. This choir helps in so many ways...





"Stroke is a painful and hurtful thing and it's nice to have people around that have had this experience, it is cathartic" - Lil Sullivan, Stroke Survivor

*"It has been inspiring to see members of all singing abilities working together, learning from each other and giving each other support." -Manuela, Project Coordinator* 



"I really love it ... It is great to come out of the house to meet new people" - Pauline - Stroke Survivor

*"I miss it so much! It has helped me to remember words better"* Michael – aphasia sufferer

## Please give what you can

## Text DLSC17 £5 to 70070 to donate to London Stroke Choir and

## make a difference today. Give online at

campaign.justgiving.com/charity/dasl/londonstrokechoir

