



Fast facts about psoriasis

- Up to 1.8 million people in the UK have psoriasis¹
- Men and women are equally affected by psoriasis¹
- 90 per cent of people with psoriasis have plaque psoriasis, which can appear on any part of the body but most commonly it affects the scalp, elbows, lower back, navel and knees²
- 77 per cent of those affected by psoriasis describe it as a 'problem' or 'significant problem' impacting their quality of life³
- Approximately one third experience depression and anxiety⁴
- Up to 32 per cent with moderate to severe psoriasis have been found to have problems with alcohol⁵
- 20 per cent of patients with severe psoriasis take antidepressant medication⁶
- 10 per cent of people with psoriasis admit to contemplating suicide^{7,8}
- Approximately 1 in 5 people report being rejected (and stigmatised as a result) because of their condition⁹
- Up to 85 per cent of people with psoriasis feel annoyed with their disease¹⁰
- Approximately 37 per cent of people with psoriasis experience feelings of humiliation¹⁰
- Up to 26 work days per year may be lost; a third of patients also report missing at least one day a month and 1 in 10 miss three or more days a month due to their health^{11,12}

Adapted from the *See psoriasis: look deeper* report – see references on next page

Estimated regional statistics of people with psoriasis*

| Region | Number of people estimated as having psoriasis |
|--------------------------|--|
| North East | 78,069 |
| North West | 212,529 |
| Yorkshire and the Humber | 159,501 |
| East Midlands | 137,031 |
| West Midlands | 169,278 |
| Greater London | 249,252 |
| Southeast | 261,741 |
| Southwest | 160,188 |
| Scotland | 159,408 |
| Northern Ireland | 54,708 |
| Wales | 92,223 |

*These are the regional stats for the number of people estimated as having psoriasis. These figures have been arrived at by calculating 3% (the percentage of the UK population suffering from psoriasis) of the regional population figures sourced from the Office for National Statistics. Region and Country Profiles: Key Statistics 19 June 2013. <http://ons.gov.uk/ons/taxonomy/index.html?nscl=Population#tab-data-tables>



References

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